The Dorothy R and John L Crawford
Senior Services Center offers a
variety of programs to help older
adults maintain their independent
lifestyle.

At the same location, the Community
Resources Center—a central access
point providing information on the
full range of services offered in the
community. Staffed weekdays from
8am until 5pm, the Community
Resource Center is open to all ages.
Contact the Resource Center at
(828) 349-0211.





Macon County Senior Services

Crawford Senior Services Center 108 Wayah Street Franklin, NC 28734 Phone: (828) 349-2058 Fax: (828) 369-0160



MACON COUNTY SENIOR SERVICES



Dorothy R and John L Crawford Senior Services Center 108 Wayah Street Franklin, NC 28734 (828) 349-2058

> Hours: Monday-Friday 8:00am to 5:00pm

Classes or Groups

Offers a variety of fitness classes for participants aged 50 and over. Classes range from Tai Chi, arts and crafts, chair yoga, woodcarving to line dancing.



Provides various classes that focus on wellness, social activities, and learning.

Hosts a Grandparent Support Group on the 2nd and 4th Thursday of each month to assist grandparents who are raising their grandchildren with challenges they encounter.

Volunteer Opportunities

The Senior Center utilizes volunteers in many ways, from reading to children at nearby daycares, to leading classes, to delivering meals to homebound seniors.

Congregate Meal

Nutritionally balanced lunchtime meal are offered weekdays, by reservation only, in which educational, social and other activities are provided.

Home Delivered Meal

For homebound senior adults in need of assistance with nutritional health in which a dedicated volunteer will deliver a nutritionally balanced lunchtime meal each weekday.



Caregiver Connection

Adult day care is designed to provide relief for caregivers of disabled and senior adults in which activities, snacks, and lunchtime meals are provided Monday—Friday, 8am to 5pm.

Seniors' Health Insurance Information Program (SHIP)

Provides unbiased information sponsored by the NC Department of Insurance on Medicare and supplemental insurance benefits; by appointment only Mondays, Wednesdays, and Fridays with walkins taken on Tuesdays and Thursdays.

Senior Protection Program

A friendly phone call each weekday to check on the welfare of individuals living alone.

Search, Track, Assist, Respond, and Rescue (STARR)

Voluntary database registry of high-risk individuals that share important information with 911 for use by emergency responders.

Project Lifesaver

In coordination with the Macon County Sheriff's Department, screening for placement of a radio transmitter that can aid in the location of individuals prone to wander.

